

Pain & Inflammation

Tuesday, July 11 th
7:00 pm
303 Garrison Ave.
Port Saint Joe FL,
32456
**Live at Nutrition
Connection
Balance



Featured Expert:

Valerie Sayre

RD, LDN, IMD, Previous Compounding Pharmacy Director and Medical Exercise Specialist, Reiki Master, Author & Motivational Speaker

Reduce Your Pain and Inflammation Without Side Effects or The Risk of Addiction

Attending this enlightening lecture will provide you with tools, resources, nutrition, lifestyle changes, proven integrative over-counter-therapies and more to reduce systemic inflammation, pain, protect your genetic tendencies, and reduce or even prevent tissue damage in your body and joints. Leave this FREE session empowered with choices and well-being

www.nutritionconnectionbalance.com