

Nutrition Connection Balance (NCB)

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Omega Clinic Testing Instructions & Information

2024 Dates: 2/21/24 & 7/31/24

2025 Dates: 2/19/25 & 7/30/25 (prices will change)

Omega testing for \$225.00

Can also register for hair minerals & omega for: \$395.00 or minerals and toxic metals by urine & omega for: \$495.00. Same person & same clinic date.

****add on: Vitamin D3 to Omega Clinic if you order same time \$75.00/per same person**

prices subject to change

1. What is Omega Quant Analysis Testing? A simple but VERY detailed test that shows your Omega 3, Omega 6, Trans fat and Saturated Fat levels. Omega 3 and omega 6 levels affect your overall health and prevention.
2. **Your Omega Index and 6:3 ratios affect all body systems and EVERYONE every age should be tested:**
 - **Heart disease risk: preventing a first event or reducing the events of a second heart event**
 - **Triglyceride and insulin levels**
 - **Immune, lung and respiratory health and prevention**
 - **Alzheimer's risk, dementia, and cognitive functioning**
 - **ALL skin conditions: especially eczema and acne**
 - **Moods: depression, bipolar swings & anxiety**
 - **Inflammatory conditions of all body tissue including arthritis, osteoarthritis, rheumatoid arthritis, diverticulitis, and C-Reactive Levels (CRP)**
 - **Pain**
 - **Nerve conditions: neuropathy & nerve damage**
 - **Eye health: including dry eyes**
 - **Autoimmune disease, neuropathy & nerve damage**
 - **Bone health including osteopenia and osteoporosis**
 - **Maternal health, including child growth and development etc.**
 - **Children's behavior: ADD, ADHD, autism, and moods**
 - **Diet: choices: low fat, high fat, what types of fats to eat and what avoid for YOUR body**

- **The FDA, June 2019 now states that EPA & DHA reduces the risk of hypertension and coronary heart disease.**
3. At NCB, proper Omega 3's are part of our recommended NUTRITION FOUNDATION for ANYONE, no matter how they eat. Knowing these levels can help determine which omega supplement you specifically need, if your current omega supplement is working, how much you are actually getting through diet and if your health symptoms or issues are being caused or can be helped by an imbalance in these specific levels.
 4. Participants will need to call our office @ 850-227-7931 or e-mail NCB: ncbteam@nutritionconnectionbalance.com to provide demographic information and credit card information to register for the workshop and receive the testing kit **at least 5-6 weeks or more before the workshop date so their personal results will be back in time for the clinic date.**
 5. **You will receive an email with handouts, a recorded webinar from NCB clinician and your individual results and goals between 11 am – 5 pm on the testing clinic date or sooner**
 6. The **\$225.00 registration fee** is due when you call the office for the kit. This includes an e-mailed copy of your results and a follow-up recorded lecture with handouts. ***You may also register at the same time, same person for the hair tissue mineral clinic (minerals, toxins etc) for a reduced fee of \$395.00 for both. We also offer a urine mineral and toxin test for \$320.00 separate or with Omega at the same time: \$495.00. You may also add on Vitamin D3 when you order the Omega for a fee of \$75.00. This must be the same person.***
 7. This is a great cost savings to you and your family and is the #1 preventative and therapeutic test you, your family and friends could ever do.
 8. The omega analysis test is an AT-HOME specimen kit designed for ease. It involves a small lancet for a finger prick blood specimen and a 1-spot blot paper. You then send the kit via USPS (normal postal mail) in a pre-paid envelope.

It's takes approximately 3-4 weeks or MORE for the results to come back due to mail unreliability! Be sure the lab receives your sample no later than 5-6 weeks before your clinic date!

There are no cancellations or refunds for any reason, and you can NOT move to another testing clinic or send in an old kit. Purchasing a kit for this clinic means it must be sent in for this clinic.

9. **Important:** The therapies (supplements, foods and powders) at Nutrition, Connection, Balance (NCB) are used and brought in through my verification and food science degree. MOST importantly, they have shown clinical effectiveness with thousands of our NCB clients; therefore, if you do have issues with your levels or your body is unresponsive to something,

we know that it is not the supplement but that your body needs a different dose or therapy to achieve balance. We STRONGLY advise you to order any recommended over the counter supplements directly from Nutrition Connection Balance/NCB at [850-227-7931](tel:850-227-7931) or e-mail your order ncbteam@nutritionconnectionbalance.com after the results session for your individualized deficiencies and imbalances. A NEW updated of "Supplement Guideline" sheet has been included with your e-mailed individual test results. Please review the handout and the recorded lecture on www.nutritionconnectionbalance.com under "education" about "The Right Supplements".

10. If you are interested in Juice Plus+ (fruits, vegetables, berries and/or omegas), Complete or Perform shakes, and Tower Garden, please call or email NCB.
11. Please visit our website www.NutritionConnectionBalance.com for more information about **NCB, upcoming events and clinics and testing services. Under "education" there are many medical valuable presentations on many health topics!**