

Nutrition Connection Balance (NCB)

Valerie Sayre, RD, LDN, IMD
Registered and Licensed Dietitian
Medical Exercise Specialist
Registered Pharmacy Technician
Reiki Master
Kent Sayre, CNC, NASM



1443 W. Schaumburg Rd.
Suite 22
Schaumburg, IL, 60194
847-985-1200
Fax: 847-985-1211

ncbteam@nutritionconnectionbalance.com
www.nutritionconnectionbalance.com

2023-2024 NCB Individualized Testing Clinic Schedule

Please register, pay, and get your clinic samples into the lab at least 5-6 weeks OR earlier than the CLINIC DATE. This ensures that you have your individual results for the actual release date!

*****prices subject to change*****

3/15/23: Neurotransmitter: (26 parameters) Testing by Urine (Moods, Anxiety, Headaches, Inflammation, Pain, Depression, Memory, ADHD & Brain Diseases) **\$435.00**
****Send samples NO LATER than February 1st, 2023**

4/5/23: 3 Hormone Clinics:

Adrenal Stress Hormones (4 cortisol and 1 DHEA) **\$360.00**

Female hormones, melatonin, sleep and adrenals: **\$585.00**

Male hormones, melatonin, sleep and adrenal: **\$505.00**

****Send samples NO LATER than February 22nd, 2023**

5/10/23: Iodine by Urine: thyroid, immune & breast health: **\$210.00**

And /or

5/10/23: Toxin Tests by urine collection: Glyphosate: \$140.00 and/or **172 GPL**

Environmental \$340.00 or BOTH at the same time: \$440.00/per same person

****Send samples NO LATER than March 29th, 2023**

NEW 6/14/23: Advanced Nutrition Clinic: Food, Candida, & Marker Sensitivity, Antioxidant & Damage and Anti-Aging (*choose 1 or all 4!*)

ALCAT Platinum Plus: 370 items tested (food, herbs, mold and more) **\$895.00**

Cellular Micronutrient Assay (CMA): Assesses vitamins, minerals, amino acids, and additional nutrients at a cellular level: **\$325.00**

Antioxidant Protection Assay (APA) & Redox Score: Provides an overall resistance to oxidation/damage score and over 40 specific antioxidant and anti-inflammatory levels
\$325.00

Telomere Length: Slow your aging and disease risk: **\$225.00**

****Additional fee of \$65 to order at home blood draw**

****choose 1 test or all!!**

Nutrition & Anti-Aging Bundle: All four tests at the same time: \$1,655, savings of \$180.00 /per same person & includes blood draw charge

Order kit NO LATER than May 5th, 2023. Must order blood draw by May 11th, 2023

7/26/23: Hair Tissue Mineral \$220.00 and/or Omega Essential Fatty Acids \$220.00 or BOTH at the same time: \$390.00/per same person

****other option: Minerals and Toxic Metals by random urine sample instead of hair tissue \$310.00 or BOTH at the same time: \$485.00/per same person**

****Send samples NO LATER than June 21st, 2023**

8/16/23: Neurotransmitter: (26 parameters) Testing by Urine (Moods, Anxiety, Headaches, Inflammation, Pain, Depression, Memory, ADHD & Brain Diseases) \$435.00

****Send samples NO LATER than July 5th, 2023**

9/13/23: 3 Hormone Clinics:

Adrenal Stress Hormones (4 cortisol and 1 DHEA) **\$360.00**

Female hormones, melatonin, sleep and adrenals: **\$585.00**

Male hormones, melatonin, sleep and adrenal: **\$505.00**

****Send samples NO LATER than August 2nd, 2023**

10/18/23: Iodine by Urine: thyroid, immune & breast health: \$210

And /or

10/18/23: Toxin Tests by urine collection: Glyphosate: \$140.00 and/or 172 GPL Environmental \$340.00 or BOTH at the same time: \$440.00/per same person

****Send samples NO LATER than September 6th, 2023**

2024 NCB Clinic Dates

****Prices will change****

2/21/24: Hair Tissue Mineral \$220.00 and/or Omega Essential Fatty Acids \$220.00 or BOTH at the same time: \$390.00/per same person

****other option: Minerals and Toxic Metals by random urine sample instead of hair tissue: \$310.00 or BOTH at the same time: \$485.00/per same person**

****Send samples NO LATER than January 17th, 2024**

3/13/24: Neurotransmitter: (26 parameters) Testing by Urine (Moods, Anxiety, Headaches, Inflammation, Pain, Depression, Memory, ADHD & Brain Diseases) \$435.00

****Send samples NO LATER than February 7th, 2024**

4/10/24: 3 Hormone Clinics:

Adrenal Stress Hormones (4 cortisol and 1 DHEA) **\$360.00**

Female hormones, melatonin, sleep and adrenals: **\$585.00**

Male hormones, melatonin, sleep and adrenal: **\$505.00**

****Send samples NO LATER than February 28th, 2024**

5/15/24: Iodine by Urine: thyroid, immune & breast health: \$210

And /or

5/15/24: Toxin Tests by urine collection: Glyphosate: \$140.00 and/or 172 GPL Environmental \$340.00 or BOTH at the same time: \$440.00/per same person

****Send samples NO LATER than April 3rd, 2024**

6/12/24: Advanced Nutrition Clinic: Food, Candida, & Marker Sensitivity, Antioxidant & Damage and Anti-Aging (choose 1 or all 4!!)

ALCAT Platinum Plus: 370 items tested (food, herbs, mold and more) \$895.00

Cellular Micronutrient Assay (CMA): Assesses vitamins, minerals, amino acids and additional nutrients at a cellular level: \$325.00

Antioxidant Protection Assay (APA) & Redox Score: Provides an overall resistance to oxidation/damage score and over 40 specific antioxidant and anti-inflammatory levels \$325.00

Telomere Length: Slow your aging and disease risk: \$225.00

****Additional fee of \$65 to order at home blood draw**

Nutrition & Anti-Aging Bundle: All four tests at the same time: \$1,655, savings of \$180.00 /per same person & includes blood draw charge

Order kit NO LATER than May 9th, 2023. Must order blood draw by May 16th, 2023

7/31/24: Hair Tissue Mineral \$220.00 and/or Omega Essential Fatty Acids \$220.00 or BOTH at the same time: \$390.00/per same person

****other option: Minerals and Toxic Metals by random urine sample instead of hair tissue \$310.00 or BOTH at the same time: \$485.00/per same person**

****Send samples NO LATER than June 26th, 2024**

8/21/24: Neurotransmitter: (26 parameters) Testing by Urine (Moods, Anxiety, Headaches, Inflammation, Pain, Depression, Memory, ADHD & Brain Diseases) \$435.00

****Send samples NO LATER than July 17th, 2024**

9/18/24: 3 Hormone Clinics:

Adrenal Stress Hormones (4 cortisol and 1 DHEA) **\$360.00**

Female hormones, melatonin, sleep and adrenals: **\$585.00**

Male hormones, melatonin, sleep and adrenal: **\$505.00**

****Send samples NO LATER than August 7th, 2024**

10/16/24: Iodine by Urine: thyroid, immune & breast health: **\$210**

And /or

10/16/24: Toxin Tests by urine collection: Glyphosate: \$140.00 and/or **172 GPL**

Environmental \$340.00 or BOTH at the same time: \$440.00/per same person

****Send samples NO LATER than September 4th, 2024**

All clinics occur on Wednesday's. A link with a pre-recorded video will be included explaining the overall testing. *There will be specific clinical recommendations made for your individualized test results and handouts on or before the date of the clinic between 11 am-5 pm CST.*

There are no cancellations or refunds for any reason, and you can NOT move to another testing clinic or send in an old kit. Purchasing a kit for this clinic means it must be sent in for this clinic.

We have additional tests that you can add on to any clinic, such as: genetic tests by saliva, B12 by urine, and finger stick at home blood test for Vitamin D3, cholesterol, hemoglobin A1C, fasting insulin, thyroid panels, hormone panels, PSA, and most important highly sensitive CRP (HS CRP – an inflammation marker

****Call NCB for prices or go to www.nutritionconnectionbalance.com and click on the shop tab.**

FREE Medical Video Lectures:

Go to www.nutritionconnectionbalance.com under “education” and then click on “read more” to watch video presentation or older posts” at the bottom left hand corner.

Can also go to our YouTube:

https://www.youtube.com/channel/UC_KBFpg-RZhFwxapXYxwiOA

Be sure to check out our event calendar on www.nutritionconnectionbalance.com for free monthly nutrition and science-based lectures, classes and clinics.