

HABIT CHANGERS 2022

ARE YOU A FIRECRACKER FOR
YOUR HEALTH?

TOPICS

- Proactive examples
- JP+ Capsules. 44
Medical studies
- Summary Research
- Habits Turning Off
Electronics



JULY 6, 2022

9AM CST/10AM EST

6PM CST/7PM EST

ZOOM ID 847-985-1200



JOIN US The 1st Wednesday of every Month
**Valerie Sayre, RD, LDN, R.Ph.T., IMD, Medical Exercise Specialist
& Reiki Master**
**Marilyn Wright, Wellness Advisor & Jodi Kindle, Health Coach &
Masseuse**

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