

# Nutrition Connection Balance (NCB)

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<https://valeriesayre.juiceplus.com>

Registered and Licensed Dietitian Nutritionist  
IMD  
Medical Exercise Specialist  
Registered Pharmacy Technician  
**Reiki Master**

## Energy Healing Clinics 2021

**Pay and register for your class at least 1 week ahead of time EXCEPT the Reiki Classes must be by 8/12/21.**  
**\*\*\* times listed are CST**

### **Reiki I & II \$499.00**

\*\*(\$450.00 each if 2 or more people (family, friends or colleague register at the same time-no exceptions).

Tuesday, 8/24/21: 9 am -Noon

Thursday, 8/26/21: 5 pm-8 pm

### **Reiki Master: \$999.00 (normally \$10,000)**

\*\*Must e-mail a copy of certificate(s) showing you have Reiki I & II unless you previously trained with Valerie) to

[ncbteam@nutritionconnectionbalance.com](mailto:ncbteam@nutritionconnectionbalance.com)

Friday, 8/27/21: 10 am-3 pm

### **Attunements: (LIVE in person, 1 to 1 by Valerie Sayre**

**\*\*choose 1-30 minute apt at the location and within time slot at the time of registration**

Port St. Joe, Florida: Tuesday, 8/31/21: (10 am-3 pm)

Medina, Ohio: Friday: 9/10/21: (11 am -3 pm)

Schaumburg, Illinois:

Tuesday, 9/14/21: (1 pm-5 pm)

Wednesday, 9/15/21: (4 pm-8 pm)

**Tarot Card Reading for Self-Healing: \$199.00**

Tuesday, 7/6/21: 6 pm-7:30 pm

Saturday, 7/10/21: 10 am-11:30 am

Tuesday, 10/12/21: 6 pm-7:00 pm

Thursday, 10/28/21: 6 pm -7:30 pm

Saturday, 11/5/21: 10 am -11:30 am

**Chakras: Connections to Your Body and Creativity: \$199.00**

Thursday, 7/22/21: 6 pm-7:30 pm

Friday, 7/23/21: 10 am-11:30 am

Tuesday, 10/12/21: 10 am-11:30 am

Tuesday, 10/26/21: 6 pm-7:30 pm

Saturday, 11/13/21: 10 am-11:30 am

All clinics occur on live by zoom. There will not be a recording. You will still receive the handouts if you do not attend.

**\*\*There are no refunds or moving to the next clinic for any reason.** You must stay in the clinic you register for!

The live (in person) Reiki attunements (10-20 minutes) will occur 1-on-1 by Valerie Sayre, Reiki Master, in Port St Joe, Florida, Medina, Ohio or Schaumburg, Illinois. You only get a Reiki completion certificate if you complete the attunement.

**To read more or register yourself for about each class:**

[www.nutritionconnectionbalance.com](http://www.nutritionconnectionbalance.com)

Call NCB: **847-985-1200** or

e-mail: [ncbteam@nutritionconnectionbalance.com](mailto:ncbteam@nutritionconnectionbalance.com)