

**Nutrition,  
Prevention  
and More!**

**Do you want  
to stay  
healthy or  
become  
medication  
free?**

**Join our high  
energy  
Zoom  
gathering to  
learn the  
science to  
transform  
and be well!**



**Join us for our 6<sup>th</sup> Habit Changer's Lecture and Gathering of 2021  
Master your wellness and excuses and enjoy long term health!**

- Valerie Sayre, RD, LDN, R.Ph.T., IMD, Medical Exercise Specialist & Reiki Master
- Jodi Kindle, SSC, Health Coach & Masseuse & Marilyn Wright, SC & Wellness Advisor
- Inspiring science on food, your environment and preventative health data.
- Valuable support and an instant positive community and group for free!
- Share this invitation with the family, friends, colleagues and people you love so you can support and be wowed together! Share your successes!

**Date:** Wednesday, June 2, 2021

**Times:** 9 am CST/10 am EST **OR** 6 pm CST/7 pm EST

**Zoom webinar:** [www.zoom.us](http://www.zoom.us) **Meeting code:** 847 985 1200

**RSVP to Valerie Sayre & NCB: 847-985-1200 or**

**[yearly@nutritionconnectionbalance.com](mailto:yearly@nutritionconnectionbalance.com)**

**with firm yes or no, # of attendees and preferred time**