

**Start 2021 with superior clean, real food, superior nutrition, a stronger immune system and a scientific therapy foundation.**

**Detox, lower your body fat, increase your energy and clean up your act post holiday.**



**Featured Expert that will walk you through a well 2021++**

- Valerie Sayre, RD, LDN, R.Ph.T., IMD, Medical Exercise Specialist & Reiki Master
- Shred 10 or 30 day programs. Clear guidelines, menus and free resources.
- Proven detox and scientific therapy plan. Do you take the best "body insurance?"
- Free Healthy Starts Program for kids and their parents/adult sponsor

**Date:** Wednesday, January 6<sup>th</sup> 2021

**Time:** 9 am CST/10 am EST

**OR**

6 pm CST/7 pm EST

**Zoom webinar:** [www.zoom.us](http://www.zoom.us)

**Meeting code:** 847 985 1200

**RSVP to [Vearly@nutritionconnectionbalance.com](mailto:Vearly@nutritionconnectionbalance.com)  
with firm yes or no and # of attendees  
(space is limited)**