

# Nutrition Connection Balance (NCB)

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Registered and Licensed Dietitian  
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## Omega Clinic Testing & Information

2021 Clinic Dates

\$199.00

1/20/21 & 7/21/21

1. What is Omega Quant Analysis Testing? A simple but VERY detailed test that shows your Omega 3, Omega 6, Trans fat and Saturated Fat levels. Omega 3 and omega 6 levels affect your overall health and prevention.
2. **Your Omega Index and 6:3 ratios affect all body systems and EVERYONE every age should be tested:**
  - **Heart disease risk: preventing a first event or reducing the events of a second heart event**
  - **Triglyceride and insulin levels**
  - **Alzheimer's risk, dementia and cognitive functioning.**
  - **ALL skin conditions: especially eczema and acne.**
  - **Moods: depression, bipolar swings & anxiety**
  - **Inflammatory conditions of all body tissue including: arthritis, osteoarthritis, rheumatoid arthritis, diverticulitis and C-Reactive Levels (CRP)**
  - **Pain**
  - **Nerve conditions: neuropathy & nerve damage**
  - **Eye health: including dry eyes**
  - **Autoimmune disease, neuropathy & nerve damage**
  - **Bone health including osteopenia and osteoporosis**
  - **Maternal health, including child growth and development etc.**
  - **Children's behavior: ADD, ADHD, autism and moods**
  - **Diet: choices: low fat, high fat, what types of fats to eat and what avoid for YOUR body**
  - **The FDA, June 2019 now states that EPA & DHA reduces the risk of hypertension and coronary heart disease.**
3. At NCB, proper Omega 3's are part of our recommended NUTRITION FOUNDATION for ANYONE, no matter how they eat. Knowing these levels can help determine which omega supplement you specifically need, if your current omega supplement is working, how much you are actually getting through diet and if your health symptoms or issues are being caused or can be helped by an imbalance in these specific levels.
4. Participants will need to our call office at [847 - 985 - 1200](tel:847-985-1200) to provide demographic and payment information to register for the workshop and receive the omega testing kit **at least 3 weeks or more prior to the clinic date so we can ensure personal results are received.**

5. The **\$199.00 registration fee** is due when you call the office for the kit. This includes an e-mailed copy of your results and a follow-up recorded lecture with handouts. ***You may also register at the same time, same person for the hair tissue mineral clinic (minerals, toxins etc) for a reduced fee of \$360.00. There are no cancelations or refunds for any reason and you can NOT move to a future clinic!***
6. The omega analysis test is an AT-HOME specimen kit designed for ease. It involves a small lancet for a finger prick blood specimen and a 1-spot blot paper. Register your kit online (instructions on plastic testing box). You then send via USPS (normal postal mail) in a pre-paid envelope.
7. It takes approximately ~2-3 weeks for the results to come back.
8. This is a great costing savings to you and your family and is the #1 preventative and therapeutic test you and your family and friends could ever do.
9. You will receive your individual report/results, a recorded webinar (link on zoom) with NCB clinician, Valerie Sayre, RD, handouts and a list of individualized therapies and goals by email the date of the clinic. Most of the time you can expect to receive all your clinic data by your personal e-mail between 11 am-5 pm. The clinic recording is only good for 30 days after your clinic date.
10. **Important:** The OTC supplements at Nutrition, Connection, Balance (NCB) are used and brought in through my verification and food science degree. MOST importantly, they have shown clinical effectiveness with thousands of our NCB clients; therefore, if you do have issues with your levels or your body is unresponsive to something, we know that it is not the supplement but that your body needs a different dose or therapy to achieve balance.
11. We STRONGLY advise you to order any recommended over the counter supplements directly from Nutrition Connection Balance/NCB at [847 - 985 - 1200](tel:847-985-1200) or e-mail your order [ncbteam@nutritionconnectionbalance.com](mailto:ncbteam@nutritionconnectionbalance.com) after the results session for your individualized deficiencies and imbalances.
12. A copy of our "Supplement Guideline" sheet will be included with your e-mailed individual test results. Please read it so you do NOT risk the ingestion of contaminated supplements in the US and **do not order supplements** from Amazon!
13. **Approximately 79% of over the counter (OTC) supplements on the market today do not contain the ingredients that are listed on the label, they are not absorbed effectively by a human or contain HARMFUL and TOXIC contaminants like arsenic and ingredients you do not want in your body.**
14. If you are interested in Juice Plus+ & Vineyard Blend, JP Omegas or The Complete Shakes please order from the person that introduced you to it or call or e-mail NCB to get started or go to this link to order Juice Plus or a Tower Garden: <https://valeriesayre.juiceplus.com> or call us and we will order your family what Juice Plus it needs!
15. Please visit our website [www.NutritionConnectionBalance.com](http://www.NutritionConnectionBalance.com) for more information about **NCB, upcoming events and clinics and testing services.**