

# Nutrition Connection Balance (NCB)

Valerie Sayre  
1443 W. Schaumburg Rd.  
Suite 22  
Schaumburg, Il, 60194  
847-985-1200 Fax:847-985-1211

[ncbteam@nutritionconnectionbalance.com](mailto:ncbteam@nutritionconnectionbalance.com)  
[www.nutritionconnectionbalance.com](http://www.nutritionconnectionbalance.com)

Registered and Licensed Dietitian  
IMD  
Medical Exercise Specialist  
Registered Pharmacy Technician  
Reiki Master

## Hair Tissue Mineral Analysis Clinics 2021

1. What is Hair Tissue Mineral Analysis Testing? It's a very simple, non invasive but VERY detailed test that is an indicator of mineral status, heavy metal toxicities, bone health, protein status, hormone function, cognitive function and so much more.
2. Knowing your expansive mineral levels can help determine how your current health and lifestyle (exercise, food, stress, best bone density co factors (osteopenia and osteoporosis) exposures, including from beauty & topical skin products etc) and how they are affecting you and those you care about. This test can also help with athletic performance, muscle related conditions and behavior and mood management. The results can also provide an early preventative clue and to detection of many diseases: thyroid, heart, hormone related cancers, etc. Hair tissue is an earlier indicator than blood.
3. Participants will need to call our office @ 847-985-1200 or e-mail NCB: [ncbteam@nutritionconnectionbalance.com](mailto:ncbteam@nutritionconnectionbalance.com) to provide demographic information and credit card information to register for the workshop and receive the hair testing kit **at least 3 weeks or more before the workshop date so their personal results will be back in time for the clinic date.**

4. **You will receive handouts, a recorded webinar from Valerie and your individual results and goals between 11 am – 5 pm on the testing clinic date.**

5. **The \$199.00 registration fee is due when you call the office for the kit or pay on our website. This includes a copy of your results by e-mail and an information sheet, a therapy handout and recorded group webinar recording that is good for 30 days from the clinic date. *You can register for the hair & Omega Clinic for the same person at the same time for \$360.00.***

6. Please refer to (pink) instruction card on hair test kit for instructions. Please make sure hair is free from any hair color treatment for at least 3-4 weeks, (cut hair close to the scalp in one or two spots-more is not necessary).

***It's takes approximately 14-21 days for the results to come back. Be sure the lab receives your hair samples no later than 2-3 weeks before your clinic date!***

7. **There are no cancellations or refunds for any reason and you can NOT move to another testing clinic.**

8. **Important:** The OTC supplements at Nutrition, Connection, Balance (NCB) are used and brought in through my verification and food science degree. MOST importantly, they have shown clinical effectiveness with thousands of our NCB clients; therefore, if you do have issues with your levels or your body is unresponsive to something, we know that it is not the supplement but that your body needs a different dose or therapy to achieve balance.

9. We STRONGLY advise you to order any recommended over the counter supplements directly from Nutrition Connection Balance/NCB at [847 – 985 – 1200](tel:8479851200) or e-mail your order [ncbteam@nutritionconnectionbalance.com](mailto:ncbteam@nutritionconnectionbalance.com) after the results session for your individualized deficiencies and imbalances.

10. You will receive a copy of our “Supplement Guideline” sheet with your individual results. Please read it so you do not risk ingesting contaminated supplements. **Do not order supplements** from Amazon or the internet!!!

**\*\*\* Approximately 79% of over the counter (OTC) supplements on the market today do not contain the ingredients that are listed on the label, they are not absorbed effectively by a human or contain HARMFUL and TOXIC contaminants and ingredients you do not want in your body.**

11. If you are interested in Juice Plus+ & Vineyard Blend, JP Omegas or The Complete Shakes please order from the person that introduced you to it or call 847-985-1200 or e-mail NCB to get started.

12. Please visit our website [www.NutritionConnectionBalance.com](http://www.NutritionConnectionBalance.com) for more information about **NCB, upcoming events and clinics and testing services.**