

Nutrition Connection Balance (NCB)

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Registered and Licensed Dietitian
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Neurotransmitter Testing Information

Clinic Dates: 2/5/20, 6/3/20, 10/28/20 \$375.00

Must pay register and get your samples in ~ 3-4 weeks before clinic date!

1. What is Neurotransmitter Testing? A simple and non-evasive, detailed urine testing that shows 15 markers to help mood disorders & various symptoms.
2. Here are just some of the conditions and symptoms that could be helped by neurotransmitter testing:

Depression

Low motivation/apathy

GI Depletions

Anxiety

Obsessive Compulsive Disorder (PTSD)

Phobias

Addictions

Low patience & irritability

Headaches

Sleep dysfunction

Brain and Cognitive conditions & diseases

Medication & OTC Adjustments or Better

Inflammation

Metabolism

3. Go to www.nutritionconnectionbalance.com , under “education” and watch the “Moods & Nutrition” clinical lecture by Valerie Sayre to understand more and get many tips about how to stay happier and mentally healthier!

4. **Easy instructions: collect 4 dried urine samples: upon waking, 2 hours after waking, before dinner and before bed. (Avoid food, supplements and do not drink more than 8 oz of water until after the before the 2nd urine sample is collected.**

5. At NCB, proper, individualized and clinically proven supplementation are keys of mental health key in addition to exercise/movement, stress reduction, whole food nutrition and foundational nutritional supplementation. The foundation is essential for everyone to stay healthy. You do not feel prevention! Juice Plus, Omega’s, and

Vitamin D3 are part of our recommended NUTRITION FOUNDATION for EVERYONE, no matter how they eat.

6. Participants will need to our call office at [847 - 985 - 1200](tel:847-985-1200) to provide demographic and payment information to register for the workshop and receive the neurotransmitter testing kit **at least 4 weeks or more prior to the workshop date so we can ensure personal results are received.**
7. The **\$375.00 registration fee** is due when you call the office for the testing kit. This includes an e-mailed copy of your results and a follow-up recorded lecture with handouts. There are no cancelations or refunds for any reason.
8. Your individual results and goal sheet, webinar recording and informational handouts between 11 am- 5 pm on the testing clinic date by e-mail.
9. The ZOOM webinar link is available ~30 days after your clinic date.
10. **Important:** The OTC supplements at Nutrition, Connection, Balance (NCB) are used and brought in through my verification and food science degree. MOST importantly, they have shown clinical effectiveness with thousands of our NCB clients; therefore, if you do have issues with your levels or your body is unresponsive to something, we know that it is not the supplement but that your body needs a different dose or therapy to achieve balance.
11. We STRONGLY advise you to order any recommended over the counter supplements directly from Nutrition Connection Balance/NCB at [847 - 985 - 1200](tel:847-985-1200) or e-mail your order ncbteam@nutritionconnectionbalance.com after the results session for your individualized deficiencies and imbalances.
12. A copy of our "Supplement Guideline" sheet will be included with your e-mailed individual test results. Please read it so you do NOT risk the ingestion of contaminated supplements in the US and **do not order supplements** from Amazon!
13. **Approximately 79% of over the counter (OTC) supplements on the market today do not contain the ingredients that are listed on the label, they are not absorbed effectively by a human or contain HARMFUL and TOXIC contaminants and ingredients you do not want in your body.**
14. If you are interested in Juice Plus+ & Vineyard Blend, JP Omegas, Vitamin D3 or The Complete Shakes please order when you get started on your individualized therapies from NCB.
15. Please visit our website www.NutritionConnectionBalance.com for more information about **NCB's upcoming live and webinar events, life changing medical lectures, clinics and testing services.**