

Nutrition Connection Balance (NCB)

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Registered and Licensed Dietitian
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Iodine by Urine And/Or Thyroid Serum Iodine only: \$199.00 & Iodine & Thyroid Serum: \$499.00 2020 Clinic Testing dates: 4/1/20 or 7/8/20

1. What is Iodine testing by urine? A simple but valuable for thyroid and breast health and toxin exposure testing through 2 dried urine samples. Results only include iodine levels.
2. Thyroid markers by blood spot serum testing and urine includes: TSH, T4, Free T4, Free T3, Thyroid peroxidase Antibody (TPO) and Thyroglobulin Antibodies and the dried Iodine levels plus and 7 additional minerals that can directly influence thyroid and toxicities.
3. At NCB, proper Omega 3's are part of our recommended NUTRITION FOUNDATION for ANYONE, no matter how they eat. Knowing these levels can help determine which omega supplement you specifically need, if your current omega supplement is working, how much you are actually getting through diet and if your health symptoms or issues are being caused or can be helped by an imbalance in these specific levels.
4. Participants will need to our call office at [847 - 985 - 1200](tel:847-985-1200) to provide demographic and payment information to register for the workshop and receive the Iodine by dried urine ONLY OR the Comprehensive thyroid profile by blood spot testing by finger prick and dried urine. Be sure to send in samples at least 2 weeks or more prior to the workshop date so we can ensure personal results are received.
5. The **\$199.00 OR \$499.00 registration** is due when you call the office for the kit. This includes an e-mailed copy of your results and a follow-up recorded lecture with handouts. There are no cancelations or refunds for any reason.
6. The iodine by dried urine and finger spot blood testing kits are designed to do at home without a lot of stress and medical appointments.
7. It takes approximately ~2 weeks for the results to come back.

8. The ZOOM webinar link is available 30 days after your clinic date & you will receive your individual results, therapy goals and handouts on the day of the clinic between 11 am-5 pm CST.
9. **Important:** The OTC supplements at Nutrition, Connection, Balance (NCB) are used and brought in through my verification and food science degree. MOST importantly, they have shown clinical effectiveness with thousands of our NCB clients; therefore, if you do have issues with your levels or your body is unresponsive to something, we know that it is not the supplement but that your body needs a different dose or therapy to achieve balance.
10. We STRONGLY advise you to order any recommended over the counter supplements directly from Nutrition Connection Balance/NCB at [847 - 985 - 1200](tel:847-985-1200) or e-mail your order ncbteam@nutritionconnectionbalance.com after the results session for your individualized deficiencies and imbalances.
11. A copy of our “Supplement Guideline” sheet will be included with your e-mailed individual test results. Please read it so you do NOT risk the ingestion of contaminated supplements in the US and please **do not order supplements** from the internet!
12. **Approximately 79% of over the counter (OTC) supplements OR MORE on the market today do not contain the ingredients that are listed on the label, they are not absorbed effectively by a human or contain HARMFUL and TOXIC contaminants and ingredients you do not want in your body.**
13. If you are interested in Juice Plus+ & Vineyard Blend, JP Omegas or The Complete Shakes please order from the person that introduced you to it or call or e-mail NCB to get started.
14. Please visit our website www.NutritionConnectionBalance.com for more information about NCB, upcoming events and clinics and testing services.
15. **You may need to see a medical doctor if your results require more than nutrition, lifestyle and over-the-counter therapies.**