

**Before they go.**

We can’t control what they will eat, when they will sleep, how they will study.

We can send them off with tools to be successful and healthy.

Join me to get some tools before we send off our young men and women to college so they are better equipped for success.

This event is for parents as well as students!! Bring a friend!!

Thursday, July 21, 2016
7:00 p.m.

YOUniversity Room

1443 W. Schaumburg Road,

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