



NUTRITION, CONNECTION, BALANCE
presents with special guest
Tiffany Hinton, GF Mom Certified

Healthy Back to School

A TIME TO RESET AFTER A BUSY
SUMMER, FOCUS ON HEALTHY
LUNCHES, AND PREPARE FOR A
HEALTHY FALL SEASON

SEPTEMBER 14, 2016
6:30 PM - 7:45 PM

BRÜ CHICAGO
1562 N MILWAUKEE AVE
CHICAGO, IL 60622

RSVP VIA EVENTS CALENDAR
WWW.NUTRITIONCONNECTIONBALANCE.COM
\$5 DOLLAR PURCHASE TO CAFE TO ATTEND