

## WINESWELLNESS

Eat, Drink, and be Healthy

Sunday, March 13th @4:00pm

Hosted by Janet Ristoff

NCB - YOUniverstity Room 1443 W Schaumburg Rd Suite 22, Schaumburg, IL 60194 RSVP: 847.707-7976 jbrjewel@gmail.com

Have some wine, food, and learn how to get healthier together! Come learn about disease prevention and bring a friend!