



# ONE SIMPLE CHANGE

***Regardless what that ground hog tells us...***



***There is One Simple Change you can make this  
winter that leads to  
Vibrant Health and Lasts a Lifetime!***

***Thursday, January 28th, 7-8 pm***

***NCB - YOUiversity Room / RSVP 847-985-1200***

***1443 W Schaumburg Rd Suite 22, Schaumburg, IL 60194***

***[www.nutritionconnectionbalance.com](http://www.nutritionconnectionbalance.com)***