

Give the Gift of Health!

Want better control of the source of your family's food and health?

Grow Your Own Food Year Round!

Inside...



Join us and learn about the

- fastest growing
- easiest
- most affordable
- sustainable way to garden with
 - no dirt
 - no weeding
 - no tilling
- no green thumb necessary.



& Out!

December 10, 2015

7 - 8pm

**YOUiversity Nutrition Education Center
1443 W. Schaumburg Rd. #22, Schaumburg
Seating Limited / RSVP 847- 985-1200**

