



Objectives:

- 1) Leave the workshop being attuned to Reiki by a Reiki Master who has been teaching since 2003. You will be able to apply what you learned the minute you leave the class on your own body, your family, friends, pets and more!
- 2) Achieve the balance you want in your life, health, nutrition, relationships and even hormones after attending these classes. You will be able to move more smoothly towards your life goals, passion and any dreams!

Facilitator:

Valerie Early, RD, LDN, R.Ph.T,
Certified Advanced Health & Fitness
Specialist, Reiki Master,
Motivational Speaker and Author

Dates:

Reiki I & II:

Saturday, April 30th
9:00am - 4:00pm

Saturday, July 16th
9:00am - 4:00pm

Reiki Master & Advanced Training:

Saturday, September 17th
9:00am - 4:00pm

Sunday, September 18th
9:00am - 1:00pm



Location of Workshops: ...

The Renaissance
Schaumburg Convention Center
1551 Thoreau Drive,
Schaumburg, Illinois, 60173
312-296-5496

Cost:

Reiki I & Reiki II Class:
\$299.00

- Bring one guest for \$100.00 (two people=\$199.50 each!)
- Same person pays for Reiki I and II in 2011 ahead of time, pays \$399.00/per person (save \$199.00)
- A gourmet lunch is served on 4/30 and 7/16
- All Reiki Classes include a manual, a notebook and a certificate.
- Interactive class!

Reiki Master & ART Classes:
\$599.00

- Bring a guest for \$200.00 (two people= \$399.50 each!)
- Same person signs up and pays ahead of time for Reiki II and Reiki & ART in 2011, pay \$698.00 (saves you \$200.00!)
- Includes a gourmet lunch on Saturday 9/17/11, certificate and a complete Reiki manual

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2011 Reiki Classes

Learn to heal, energize and optimize your own body, friends and family through a medically supported hands on healing technique...REIKI.

Reiki is a biofield therapy classification according to The National Institutes of Health Center for Complementary and Alternative Medicine (NCCAM). It is a hands on healing founded in Japan. Reiki is a technique administered through gentle touch. Reiki transfers to a student during an attunement given by a Reiki Master. An attunement is a process that balances the body, changes auras, and has potential for healing the physical body by creating an unlimited channel that allows an individual to tap into their own life force energy. Once Reiki is received, it can be used to enhance self-healing, beat addictions, lose weight, create joy, feelings of relaxation and peace, and relieve aches and pains and may help medical conditions.

Pre-register today to live!!

Be energized and empowered and move forward in all areas of your life: health, exercise, relationship, professional and nutrition goals. Be proactive now!
No matter what your age, medical concerns or sex.

Wear comfortable clothes and bring a blanket or mat and pillow to class.

**Valerie will demonstrate,
empower, teach and inspire you!!
You are worth it!
You deserve it!**

**What a great present and tool for
yourself and loved ones in 2011!**

***No cancellations one month
prior to workshop/class.
\$100.00 deposit holds your reservation.
Full payment is due one month
prior to class.***

Contact & Registration Information:



Nutrition, Connection, Balance, LLC

847-985-1200

www.nutritionconnectionbalance.com

www.vearlytakesjuiceplus.com

rosanne@nutritionconnectionbalance.com

2011 Reiki Classes

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Learn to heal, energize and optimize your own body, friends and family through a medically supported hands on healing technique known as... REIKI.



Nutrition, Connection, Balance, LLC
1443 W. Schaumburg Rd. Suite 22
Schaumburg, IL, 60194
847-985-1200
vearly@nutritionconnectionbalance.com
www.nutritionconnectionbalance.com
www.vearlytakesjuiceplus.com

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